

Brief Strategic Family Therapy®: An Evidenced based, Culturally Sensitive Approach
(Please Note: This training is an introductory overview of Brief Strategic Family Therapy, and not the authorized BSFT training protocol. Clinicians who attend this training will not be approved to provide BSFT under PEI)

DATE & TIME: September 29, 2016

9:00 AM - 4:00 PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: DMH HQ - 2nd Floor Conference room
550 S. Vermont Ave.
Los Angeles, CA 90020

PARKING : Free parking at DMH at 523 Shatto Place parking structure (floors 3-8)

Brief Strategic Family Therapy® is a highly effective evidence based approach that is a designated model program by SAMHSA and has received many awards and accolades. Originally developed to respond to the needs of Cuban immigrant families with court involved children, it is now used nationally and internationally with a wide range of populations. This presentation is a detailed overview of BSFT's® history, as well as the underlying principles and concepts. A unique diagnostic approach is identified along with treatment, session planning and the change sequence. Applicability to cases provided by the participants will be offered. In addition, the presentation explores adaptations for use with the deaf and hard of hearing. At least 1 DVD will illustrate BSFT® session planning and interventions to help bring about treatment goals.

TARGET AUDIENCE: All DMH and DMH contracted clinicians, supervisors & administrators

OBJECTIVES: As a result of attending this training, participants should be able to:

- 1) List the principles that underlie Brief Strategic Family Therapy®.
- 2) Identify 3 initial assessment strategies.
- 3) Identify 6 BSFT® diagnostic categories that can be used to understand the etiology of the troublesome behaviors.
- 4) Identify 2 multi-cultural considerations to consider in providing a BSFT® diagnosis.
- 5) Identify 6 therapeutic goals based on the BSFT® diagnostic categories.
- 6) Identify 2 elements of the engagement process.
- 7) Identify 5 behavioral interventions that can be used to further BSFT® treatment goals.
- 8) Identify 3 strategies that providers can use in working with the deaf and hard of hearing community and sign language interpreters.

CONDUCTED BY: Michael Tredinnick, Ph.D & Amy Kay, LMFT

COORDINATED BY: Joaquin Castor, Training Coordinator
Email: jcastor@dmh.lacounty.gov

DEADLINE: NONE

CONTINUING EDUCATION: 6 hours for BBS, BRN, CCAPP-EI
CE for psychologists

COST: NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers complete
attached training application

☐ Cultural Competency ☐ Pre-licensure ☐ Law and Ethics ☐ Clinical Supervision ☐ General



County of Los Angeles Department of Mental Health
NON-DMH STAFF TRAINING APPLICATION FORM
Please Print or Type



Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for a training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

This form is not to be used for LPS Designation Training. The LPS Application is available at lacdmh.lacounty.gov/training&workforce.html.

Training Title

(as in DMH bulletin): Brief Strategic Family Therapy®: An Evidenced based, Culturally Sensitive Approach

Date(s) **September 29, 2016**

Training Coordinator: **Joaquin Castor**

County Employee Number

(non-county employees supply the last four digits of the SSN)

Name

Program, Service or
Agency

Job Title

Address

City

Zip Code

Telephone

Email

License or Credential Number(s) (complete as many as applicable)

CAADAC

LCSW

LPT

LVN

MD

MFT

Psychologist

RN

Supervisor's Approval (Applications will not be processed if not signed by supervisor)

For processing, please return Application to:

**County of Los Angeles- Dept. of Mental Health
 Workforce, Education & Training Division
 695 S. Vermont Ave. 15th FL
 Los Angeles, CA 90005**

Fax: (213) 252-8776

Phone: (213) 251-6854

Email: jcastor@dmh.lacounty.gov

(When faxing, there is no need to use a cover sheet)

Print Supervisor Name

Supervisor's Signature